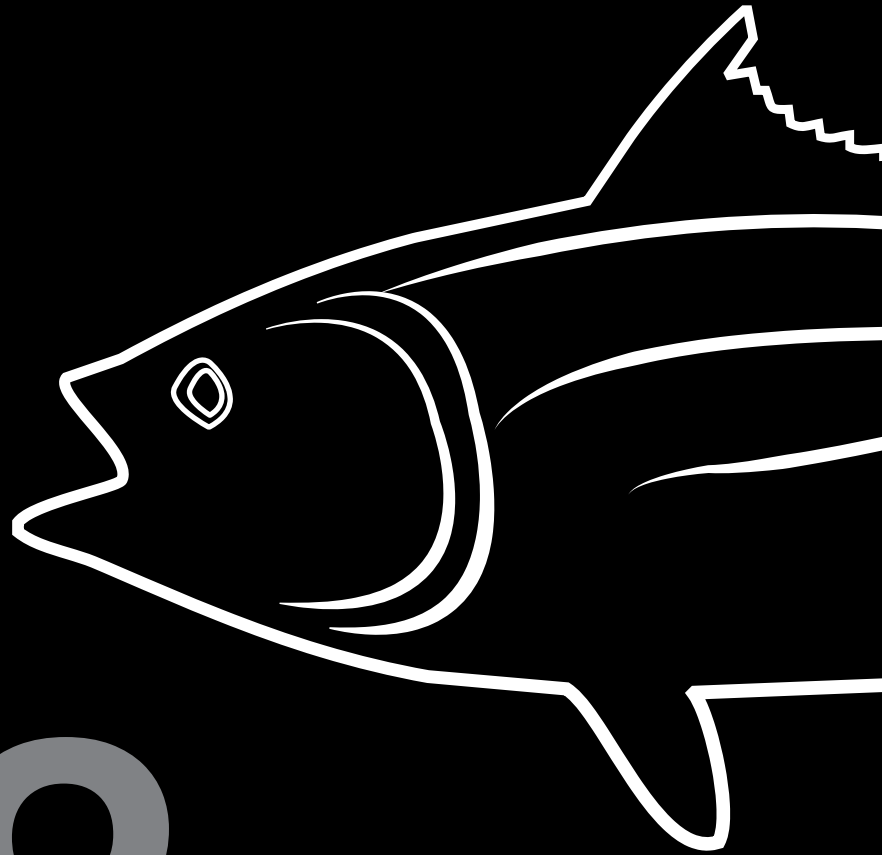




SUSHI
SEAFOOD
STEAK



&



A
DHARSHAN
MUNIDASA
RESTAURANT

WELCOME TO THE TUNA & THE CRAB

The Tuna & The Crab is a celebration of Sri Lanka's finest Tuna and iconic Mud Crabs, opening our doors in 2014 at the Galle Dutch Hospital within the Galle Fort, a UNESCO world heritage site.

Created by renowned Sri Lankan – Japanese Chef & Restaurateur Dharshan Munidasa, our restaurant is a hybrid of his award-winning restaurants Nihonbashi Japanese Restaurant and Ministry of Crab. Over the years Chef Dharshan learnt how to grade tuna from captains of tuna vessels landing in Sri Lanka and crabs from the crab mongers of Pettah who were exporting to Singapore, leading to the creation of our sister restaurants, and eventually to the opening of The Tuna & The Crab, serving the freshest and finest seafood in the South. Strongly influenced by the Japanese restaurants of modern Tokyo, The Tuna & The Crab features an open kitchen with a Teppan Grill, where you can see our chefs in action, preparing up the best ingredients our island nation has to offer.

The dining options at The Tuna & The Crab are many, from our signature tuna & crab dishes, to our extensive range of Japanese cuisine from sushi to tempura, okonomiyaki and Japanese Sets, to our selection of fresh seafood and our amazing Black Angus Sirloin.

WE HOPE YOU ENJOY DINING WITH US!



THE TUNA

&

THE CRAB



鮭の刺身

Tuna Sashimi

3,650

We proudly serve Tsukiji bound Regal Tuna that lands in Colombo.

鮭の握り

Tuna Nigiri

730

The most elegant and regal of the sushis of the world. Made proudly with Tuna landed in Colombo!



鉄火巻き

Tekka Maki

1,825

Traditional Tuna roll made from the finest Tuna caught in Sri Lanka!



マグロとアボカドロール

Avocado & Tuna Maki

1,825

Rich, ripe slivers of avocado and tuna rolled with wasabi.



マグロと明太マヨロール

Tuna Cod Roe Maki

3,650

Mentaiko (Cod Roe) blended with mayo and rolled into a medium sushi roll (8 pcs).



ツナマヨ巻き

Tuna Salad Maki

1,460

スパイシーツナ巻き

Spicy Tuna Maki

1,825

鮭の漬け丼

Tekka Don (Tuna)

4,380

Our premium tuna, marinated in soy sauce and served atop steamed Japanese Rice.

カニのアボカドカップサラダ

Crab Salad in Avocado

2,190

Steamed Sri Lankan Mud Crab meat mixed into a wasabi mayo and served in half an avocado.



ツナと蟹のアボカドカップサラダ

Tuna & Crab Salad in Avocado

1,825

カニクリームコロッケ

Creamy Crab Croquettes

3,285

Crab Croquettes from our sister restaurant Nihonbashi's premium croquette selection.

マッドクラブのパスタ

Crab Pasta

5,475

(300g - 400g Crab)

Pasta and Crab at its best, with olive oil based simple flavours.



蒸しカニ 2種のバターソースを添えて

Steamed Crab

2,555

Steamed Sri Lankan Mud Crab served with hot butter sauce and spicy soy sauce.

(per 100g)



マッドクラブのブラックペッパーソース

Pepper Crab

2,555

Sri Lankan Mud Crab in a sauce made with freshly milled black pepper.

(per 100g)



マッドクラブのガーリックチリソース

Garlic Chilli Crab

2,555

Sri Lankan Mud Crab combined with olive oil, garlic, and chilli flakes in our signature style.

(per 100g)

サーロインステーキ STEAK

Prime cut of Black Angus sirloin cooked on our teppan grill to your liking, with an original marinade. Served with Garlic Rice.

9,855



寿司 SUSHI

巻物(6切れ)

MAKI (6 PCS)

- 蓮根きんぴら巻き
 **Lotus Root Maki** 1,460
 Crunchy and spicy lotus root sushi roll.
- かっぱ巻き
 **Kappa Maki** 1,460
 Cool cucumber roll.
- アボガドときゅうりロール
 **Avocado & Cucumber Maki** 1,460
- 照り焼きチキン巻き
Teriyaki Chicken Maki 1,460
 A favourite among our younger guests!
- 蒸しカニの巻物
Real Crab Meat Maki 2,190
 Famous Sri Lankan Crab Meat roll.

手巻き(1個)

TEMAKI (1 PC)

- 天さび手巻き
 **Tensabi Temaki** 1,460
 A Dharshan Munidasa creation, this temaki has a tempura prawn rolled in cool wasabi rice, playing on the different textures to create an unforgettable flavour.




- 鯛の熱々オリーブオイル&醤油かけ
 **Olive Oil & Soy Sauce Sashimi** 3,285
 This signature dish features sizzling hot olive oil and garlic poured over thin slices of seabream sashimi, lightly cooking it to enhance its flavour!

- いかのチリオリーブオイル煮
 **Cuttlefish tossed in Olive Oil & Chilli** 3,285
 From TV show to plate, enjoy our cuttlefish tossed in olive oil and chilli flakes to experience a fusion of Mediterranean and Sri Lankan flavours!

- エビクリームコロッケ
 **Creamy Prawn Croquettes** 3,285
 Prawn Croquettes from our sister restaurant Nihonbashi's premium croquette selection.

握り(1貫)

NIGIRI (1 PC)

- 海老
 **Ebi (Prawn) Nigiri** 730
 Fresh Black Tiger Prawns.
- いか
 **Ika (Cuttlefish) Nigiri** 730
 The very sweet Sri Lankan Cuttlefish Sushi.
- 鯛
 **Tai Nigiri** 730
 Seabream Nigiri.

刺身

SASHIMI

- 本日の刺身盛り合わせ
 **Catch of the day Sashimi Platter** 3,650
 A sashimi platter that includes the catch of the day and Sri Lanka's Regal Tuna.


盛り合わせ

PLATTERS

- 握り盛り合わせ(6貫)
 **Nigiri Sushi Platter (6 pcs)** 4,015
 A selection of nigiri sushi, made with the finest seafood.
- 握り盛り合わせ 風(28貫)
 **Sushi Platter 風 Kaze** 12,410
 A cosy sushi platter for two consisting of 28 pcs.

- 刺身盛り合わせ 海(2人前)
 **Sashimi Platter 海 Umi (for two)** 3,650
 A delectable sashimi platter of local catch including the Regal Tuna.

海鮮 SEAFOOD

- 淡水海老
 **Freshwater Prawns** 8,030
 Amazing prawns from our lakes that can be enjoyed in one of three ways; Garlic Chilli, Pepper or Grilled with Garlic, Olive Oil and Soy Sauce.

- 本日のおすすめ 魚のグリル
 **Grilled catch of the day Fish Fillet** 3,650
 Fillet of the daily catch, grilled with olive oil and soy sauce.

- 海老フライ
 **Panko Crusted Prawns** 6,205
 Black Tiger Prawns crusted with bread crumbs and fried.
- 魚のフライ
 **Panko Crusted Fish Fingers** 3,650
 Fish fingers of fresh seabream, crusted with bread crumbs and fried. Served with Tartar Sauce.

- オニオンリング
 **Panko Crusted Onion Rings** 1,460
 Fried Onion Rings crusted with fresh breadcrumbs.

ALL PRICES ARE IN LKR, AND INCLUDE SERVICE CHARGE AND APPLICABLE GOVERNMENT TAXES



生春巻きのひとくちサラダ

Namaharu Maki

Black Tiger Prawn, avocado and cucumber salad served in a fresh spring roll.

枝豆

Edamame

Imported Japanese soy bean pods, an ideal starter!

マッシュルームのバター焼き

Button Mushroom Bata yaki

Butter Tempered Button Mushroom.

海藻サラダ

Seaweed Salad

Wasabi dressing drizzled over a selection of multi-coloured seaweed on a bed of lettuce.

牛のたたき

Gyuu No Tataki

Nihonbashi's star starter dish, rare roasted beef tataki.

照り焼きチキン

Chicken Teriyaki

Dark meat (chicken leg meat) cooked in our home made teriyaki sauce.

小皿料理
SMALL PLATES

1,825

1,825

2,555

2,555

1,825

2,555

海老天ぷら

Ebi (Prawn) Tempura

Black Tiger Prawn Tempura.

野菜天ぷら盛り合わせ

Yasai Tempura

Vegetable Tempura.

天ぷら盛り合わせ

Tempura Moriawase

An assortment of seafood and vegetables.

揚げ出汁豆腐

Age Dashi Tofu

Deep fried tofu with Tentsuyu (a Japanese dipping sauce) and bonito flakes.

豆腐ステーキ

Tofu Steak

Soft, healthy and served with a soy and mirin sauce.

味噌汁

Miso Soup



5,110

2,920

6,935

1,825

1,825

1,095



お好み焼き
OKONOMIYAKI

海鮮お好み焼き

Seafood Okonomiyaki

4,380

Okonomiyaki is best described as a Japanese pancake (or to some a Japanese pizza), hailing from the Kansai region of Japan. Thinly sliced cabbage is mixed into a special batter, to which we add seafood and other vegetables. This is slowly poured onto our teppan grill and cooked on a low flame. It is topped with a mixture of mayonnaise, our special Okonomiyaki sauce and very thin bonito shavings.

Vegetarian option also available.

蟹のお好み焼き

Crab Okonomiyaki

3,650

100g of Sri Lankan Mud Crab meat blends into the iconic Okonomiyaki.

定食
TEISHOKU
(JAPANESE SETS)



ワインのおつまみ弁当

Bento Box for Wine Lovers

Tuna and Crab Salad in Avocado, Tuna Sashimi, Olive Oil and Soy Prawns, Kani Gunkan Maki, Tensabi Temaki, Crab Croquettes & Miso Soup.

6,935



ゴールフォート弁当

The Galle Fort Bento

Tuna and Crab Salad in Avocado, Sashimi of the Day, Grilled Prawn Salad, Tuna Nigiri, Yaki Sakana, Kappa Maki, Japanese Rice & Miso Soup.

6,935



朝メチキンの唐揚げ定食

Asa Dori No Karaage Set

Crispy Fried Chicken, Tuna Salad, Iceberg Salad, Onigiri, Miso Soup and Dessert.

3,650



寿司定食

Sushi Set

Tuna, Ebi (Prawn) and White Fish Nigiri, Fukusa Sushi (omelette wrapped sushi), Kappa Maki, Chicken Teriyaki, Iceberg Salad, Miso Soup and Dessert.

4,745



フライ盛り合わせ定食

Furai Moriawase Set

Crumb fried Prawns, Fish and Vegetables, Tuna Salad, Iceberg Salad, Onigiri, Miso Soup and Dessert.

3,650



刺身・寿司定食

Sashimi & Sushi Set

A complete meal with Sashimi, Sushi and Miso Soup.

5,840



お好み焼き定食

Okonomiyaki Set

Seafood Okonomiyaki, Sakana Furai (crumb fried fish), Iceberg Salad, Onigiri, Miso Soup and Dessert.

3,650

ご飯もの RICE



かにチャーハン

Kani Chahan (Crab Rice)

This Crab Rice or Kani Chahan, one of Nihonbashi's most popular dishes, which has transcended Ministry of Crab and is now here!

えびチャーハン

Ebi Chahan

Japanese style fried rice made with succulent whole black tiger prawns.

ねぎチャーハン

Negi Chahan

3,285

3,285

1,825

丼もの DONBURI

アンガスビーフのすき焼き丼 温泉卵のせ

Yakiniku Don

Slices of Black Angus slow cooked and simmered, and served atop steamed Japanese Rice. Topped with a sous vide egg.

7,665

天丼

Ten Don

Prawn and Vegetable Tempura served atop steamed Japanese Rice.

4,380



カレーライス

CURRY RICE

野菜カレーライス

Yasai Curry Rice

A medley of vegetables in Japanese curry gravy.

3,285

チキンカレーライス

Chicken Curry Rice

A boneless whole chicken leg cut into chunks and cooked in a Japanese curry gravy.

3,650

海老カレーライス

Ebi Curry Rice

Prawn and vegetable curry rice.

4,380

ビーフカレーライス

Beef Curry Rice

Japanese curry rice made with tender Black Angus Sirloin.

7,665

ビーフカツカレーライス

Beef Katsu Curry

Panko coated beef, deep fried and sliced up. Served in a Japanese curry gravy.

8,030



ガーリックライス

Garlic Rice

Subtly flavoured, and sinfully simple Garlic Rice.

2,555

ご飯

Gohan

Steamed Japanese Rice.

730

おにぎり(おなか 又は ツナマヨ)

Onigiri

Rice ball wrapped in seaweed with a filling of katsuobushi or tuna salad.

730



麺類 NOODLES

天ぷらうどん

Tempura Udon

Udon noodles served in a hot soup with Tempura Prawns and vegetables.

4,380

たぬきうどん

Tanuki Udon

Hot Udon noodle soup with Tempura batter balls.

4,380



デザート

DESSERT

渋谷スタイルフレンチトースト

Shibuya Style French Toast

A decadent, soft French Toast made with Sri Lanka's traditional street bread. Served with whipped cream, strawberries and a drizzle of palm sugar syrup.

2,190

コーヒーゼリー

Coffee Jelly

A delightfully light jelly made with sweetened strong coffee.

1,095

飲み物 DRINKS

煎茶

Sencha Tea

1,460

アイスティーソーダ

Iced Tea Soda

730

ジンジャービール

Ginger Beer

730

ミネラルウォーター(カラフェ)

Water Carafe

730

ココナッツジュース

Just Thambili

730

ライムジュース

Fresh Lime Juice

730

ライムソーダ

Lime & Soda

730

パッションフルーツジュース

Fresh Passion Fruit Juice

730

ワイン WINES

ROSÉS

| | |
|------------------------------|--------|
| The Beach House Rosé | 17,520 |
| Torresella Pinot Grigio Rosé | 17,520 |

WHITES

| | |
|---------------------------------|--------|
| Tall Horse Chenin Blanc | 17,520 |
| The Beach House Sauvignon Blanc | 17,520 |
| Torresella Pinot Grigio | 17,520 |

WHITES BY THE GLASS (150ML)

| | |
|-------------------------|-------|
| Tall Horse Chenin Blanc | 3,650 |
|-------------------------|-------|

REDS

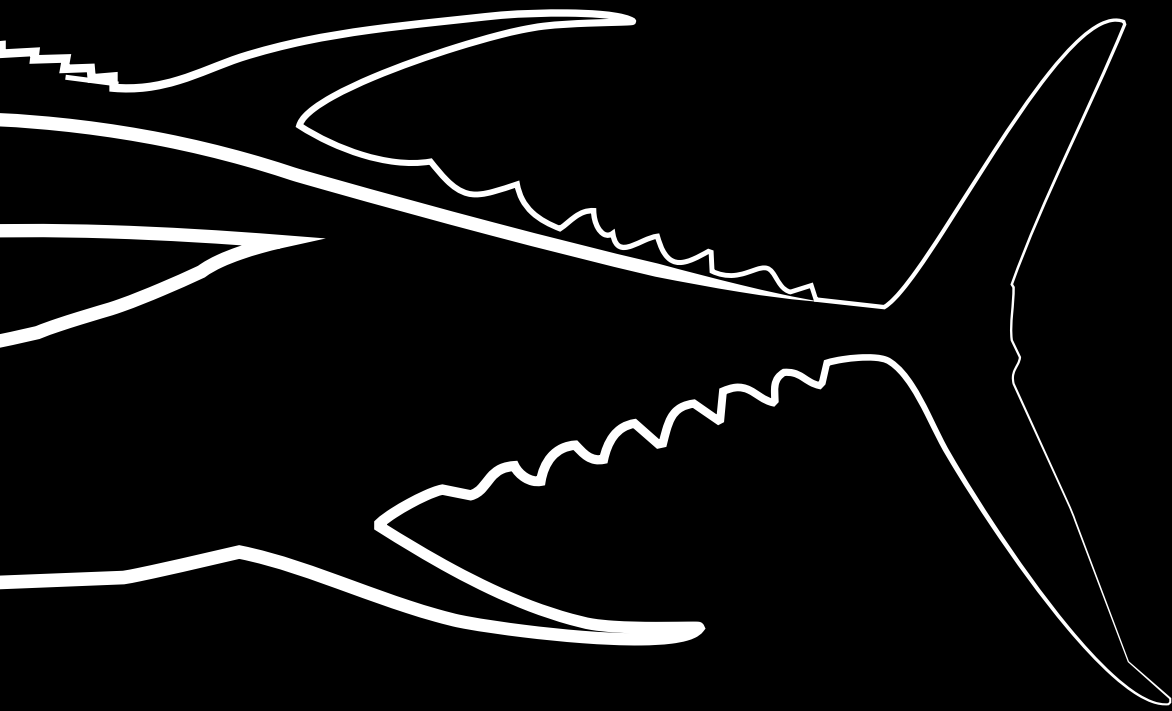
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| Torresella Refosco Rosso | 17,520 |
| The Beach House Sunset Shiraz | 17,520 |
| Robert Mondavi Private Selection Zinfandel | 17,520 |

RED BY THE GLASS (150ML)

| | |
|--------------------------|-------|
| Torresella Refosco Rosso | 3,650 |
|--------------------------|-------|

ビール BEER

| | |
|--------------------|-------|
| Carlsberg (330ml) | 1,095 |
| Lion Lager (325ml) | 1,095 |
| Guinness (500ml) | 1,825 |



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 THE TUNA & THE CRAB

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